

Off to
Key
Stage
Two

What is
coordination?
When would
you use this
skill in sport?

Year 2



What is agility?
How might we
use this skill in
sport?

Key
Stage
One

Year 1

How do I
change the
way my body
moves for
different
purposes?

How can I
move my
body?

FS2

FS1

EYFS

EYFS and Key Stage 1 Physical Education

**Whole-School
Pathway**

Key Stage 2 Physical Education

Whole-School
Pathway

Off to
Key
Stage
Three

How might
agility and
speed be
used to
create space?

Year 6



Passing and
retrieving:
how might you
attack the
opposition?

Upper
Key
Stage
Two

Year 5

What is
overloading?
How can this
help us in
games?

What is
invasion?
How can this
help us in
games?

Year 4

Year 3

Lower
Key
Stage
Two