

# St Thomas' CofE Academy



**‘Learning for life with Jesus’**

**Dear Parents,**

**This week saw our fabulous Year 6 children complete their SATS tests. The children have all worked incredibly hard and I am sure you will join me in congratulating them on their hard work and determination. As a school, we are extremely proud of each and every one of them. We are also proud of all the other children who have coped so well with different break times and having to be very quiet whilst Year 6 completed their tests.**

**Have a wonderful weekend with your families and enjoy the sunshine.**

**Mrs Pierpoint**

**Friday 16th May 2025**



# ‘Learning for life with Jesus’

## Dates for your diary:

Easter Holidays 14 <sup>th</sup> April – 27 <sup>th</sup> April	
Mon 28 <sup>th</sup> April	School re-open to children
Tues 29 <sup>th</sup> April	Y4 Multiplication check parent information evening 6pm
Mon 5 <sup>th</sup> May	Bank Holiday - School closed
Thurs 8 <sup>th</sup> May	VE Day - Wear red, white or blue
Fri 9 <sup>th</sup> May	Y4 visit to Chester Zoo
Mon 12 <sup>th</sup> May	Y6 SATS take place this week
Thurs 15 <sup>th</sup> May	Year 1 Topic launch day
Fri 16 <sup>th</sup> May	End of SATs coffee morning celebration with Y6 parents
Fri 16 <sup>th</sup> May	Year 6 Topic launch day
Thurs 22 <sup>nd</sup> May	PSA discos
Half term Mon 26 <sup>th</sup> May – 30 <sup>th</sup> May	
Thurs 5 <sup>th</sup> June	Stoke 100 celebration
Mon 9 <sup>th</sup> June	Y1 Phonics Screening check takes place this week
Tues 10 <sup>th</sup> June	Year 6 Leavers photographs
Wed 11 <sup>th</sup> June	Year 6 Alton Towers Trip
Fri 13 <sup>th</sup> June	Father's Day breakfast after morning Worship
Mon 16 <sup>th</sup> June	Year 4 visit to Symphony Hall in Birmingham
Mon 16 <sup>th</sup> June – Thurs 19 <sup>th</sup> June	Year 6 transition days at The Kings
Thurs 19 <sup>th</sup> June	Reception Teddy Bear's Picnic
Thurs 19 <sup>th</sup> June	Whole class photographs (Not inc Y6)
Fri 20 <sup>th</sup> June	Sports day
Wed 25 <sup>th</sup> June	Back up Sports day
Fri 27 <sup>th</sup> June	PSA Summer Fayre
Tues 1 <sup>st</sup> July	New to Early Years Parent information evening 6pm
Tues 8 <sup>th</sup> July	Year 6 performance 6:30pm
Thurs 10 <sup>th</sup> July	Year 6 Performance at 1:45
Thurs 10 <sup>th</sup> July	Year 6 performance 6:30pm
Thurs 17 <sup>th</sup> July	Whole school end of year celebration worship
Thurs 17 <sup>th</sup> July	Year 6 leavers prom 7pm
Fri 18 <sup>th</sup> July	Year 6 leavers worship and breakfast
Fri 18 <sup>th</sup> July	School closes for summer 3:15

Please note we have moved our Stoke 100 celebration to be in line with the Stoke on Trent day on 5<sup>th</sup> June.

# SHINE workshops

We would warmly like to invite parents and carers into school to learn alongside your child. Following the success of our Reading SHINE in the Spring term we would like to launch our summer term SHINE workshops - all of our summer terms events will have a physical and mental health focus.

Please come into school for a fun filled and creative afternoon, where you can work alongside your child and learn new skills

All of these sessions will start at 2:00pm and finish at 3:15pm. All sessions will be held in school.

### Dates:

Wednesday 7 <sup>th</sup> May	Reception
Monday 19 <sup>th</sup> May	Year 4
Monday 2 <sup>nd</sup> June	Year 5
Monday 9 <sup>th</sup> June	Nursery
Monday 23 <sup>rd</sup> June	Year 2
Monday 30 <sup>th</sup> June	Year 6
WEDNESDAY 9 <sup>th</sup> July	Year 3
Monday 14 <sup>th</sup> July	Year 1

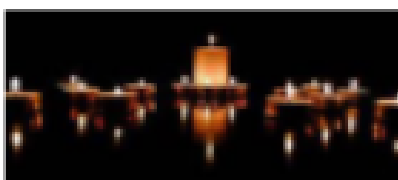
## Inspire sessions at St Thomas' Church.

2:00pm - 3:00pm at St Thomas' Church

Dates:

Tuesday 20th May	Year 2
Tuesday 24th June	Year 1
Tuesday 1st July	Nursery
& Reception together in school	

Please note: Time change to a 2pm start.



We are really excited to be working alongside Reverend Baker from St Thomas' church. We want to support children in their spiritual development and continue 'Learning for Life with Jesus.'

Each class will be spending an afternoon at St Thomas' to deepen their spiritual understanding and engage in fun craft-based activities around scripture led by Reverend Baker and their class teacher.

We would love parents/ carers/ grandparents to join us for our Inspire workshop. Please come and work alongside us as we follow Jesus' path.



# 'Learning for life with Jesus'

## Friday worship & coffee morning



Every Friday morning at 9am we have a worship in school led by Reverend Iain or Tom from St Thomas' Church. We warmly invite all parents/grandparents/ carers/ parish members to join us every week.

Each week a different class or school group will also be joining the coffee morning to show you some of their learning and share things they are proud of.

Everyone is welcome to every worship and coffee morning - we hope to see everyone soon.

### Dates: Summer 1

Friday 2 <sup>nd</sup> May	School Council & RRSA members
Friday 9 <sup>th</sup> May	Year 3
Friday 16 <sup>th</sup> May	Year 6 (End of SATS celebration)
Friday 23 <sup>rd</sup> May	Eco Council

### Dates: Summer 2

Friday 6 <sup>th</sup> June	Year 1 and Year 2
Friday 13 <sup>th</sup> June	Father's Day Breakfast
Friday 20 <sup>th</sup> June	SPORTS DAY
Friday 27 <sup>th</sup> June	Year 5
Friday 4 <sup>th</sup> July	Year 4
Friday 11 <sup>th</sup> July	Reception & Nursery
Friday 18 <sup>th</sup> July	Year 6 - Leaver's event



St. Thomas'  
CofE PRIMARY ACADEMY  
Learning for life with Jesus



# PSA DISCO

THURSDAY 22ND MAY

**£1.50 ENTRY**

**DROP OFF:**

• **RECEPTION & Y3 & Y4**  
**RECEPTION CLASSROOM**

• **Y1 & Y5**  
**YEAR 1 CLASS ROOM**

• **Y2 & Y6**  
**YEAR 2 CLASSROOM**

**ALL COLLECTIONS**  
**FROM HALL**

**TIMES:**

**5:45PM - 6:45PM**  
**RECEPTION, Y1, Y2**

**7:00PM - 8:00PM**  
**Y3, Y4, Y5, Y6**

**SNACKS, DRINKS AND ITEMS**  
**FOR SALE FROM 10P = £1**



**3 cheers for our recent sports stars!**

**Members of Year 3 and Year 4 recently took part in different sporting events, representing the school brilliantly!**



# Year 4's visit to Chester Zoo

Year 4 had the most amazing time last Friday during their trip to Chester Zoo! They thoroughly enjoyed seeing all the incredible animals up close and were full of excitement throughout the day.



# Congratulations Year 6!

A huge well done to all of our wonderful children who have turned up on time every day and given their all in their SATS. We are all exceptionally proud of each and everyone of them. A huge thank you to all of our families who have supported them at home and ensured the children arrive on time, calm and ready to give 100%.



They enjoyed shredding their practice papers on Thursday!



Dear Parents/Carers,

We need your support to speak to the young people in your life about the dangers they could face if they choose to carry a knife or blade. Carrying a knife is not a common thing, the statistics show that 99% of young people ages 10 to 29 don't carry a knife, but those that do can put themselves and others in danger.

Through the #DitchTheBlade multi-agency campaign we're encouraging everyone to talk about this topic to show that it's not socially acceptable to carry a knife for any reason. Through education and awareness raising, we'll be highlighting the dangers and consequences of knife crime over a number of weeks in May/June 2025, so you may see increased coverage on the topic during this time.

Some young people choose to carry a knife out of fear it will give them greater protection, however, by doing this they are actually putting themselves in greater danger as the knife they're using can be used against them.

As well as a potential life-threatening injury, they could face further repercussions for carrying a knife, including a criminal record if caught in possession of a blade, which could impact their future opportunities. The impacts of carrying a knife can be far reaching, affecting the families of those concerned as well as the wider community, which is why we are reaching out for your help.

People often stereotype, but the truth is that any child from any background may choose to carry a knife. If you have concerns that your child, or any young person you know, may be carrying a knife, you can find advice, real life experiences and link to support organisations on the Staffordshire Police website [www.staffordshire.police.uk/ditchtheblade](http://www.staffordshire.police.uk/ditchtheblade)

We know that the overwhelming majority of young people will never carry, or be affected by knife crime, but by highlighting the topic and seeking your support, we hope that we can collectively make a difference.

Best wishes,

Chief Inspector David Barrow  
Staffordshire Police  
Knife Crime Lead



# What can you do?

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## Learn about the law

- Carrying a knife, bladed article or offensive weapon in a public place is illegal. This includes any article made, adapted, or intended for causing injury.
- Carrying a knife includes in your hand, a pocket, in the boot of your car or if someone else is carrying a knife for you.
- Forgetfulness, ignorance to the law or general self-defence (protection) are not reasonable excuses if you are caught carrying a knife.
- Police are legally allowed to use their powers to stop and search someone if they believe a weapon is being carried.

## Make your child aware of the consequences

- Carrying a weapon increases the risk of them being injured themselves.
- They could go to jail for up to 4-years if they're found in possession of a knife or 5 years for a gun, even if they're carrying it for someone else.
- In a worst case scenario, they could end up using the weapon and seriously hurting someone.
- There are tips and advice on how best to start this conversation with a young person about knives and knife harm below.
- Having a criminal record could stop your child gaining entry into a university, getting a job, and could even place restrictions on them travelling to some countries.

## Talk to the parents of your child's friends

- If you're worried, parents of your child's friends probably are too. They may see your child in different places, hanging out with different friends and could help you get a better understanding of the situation.
- By working together, you could raise awareness of the issue.

**OFFICIAL**



**Community Safety Flash**

# **BE WATER AWARE**

**Drowning prevention and water safety**

**Don't be tempted to cool off in Rivers, Canals, Lakes or Reservoirs as swimming in open water can result in drowning**

### **If you see someone in the water**

- Call 999 and ask for fire and ambulance. Ask for the Coastguard if by the sea.
- Location – give as much information on your location, look for landmarks, signs or bridges or use WHAT THREE WORDS service to find your location.
- <https://what3words.com/news/emergency/three-words-for-a-faster-emergency-response>
- Stay on the telephone to the emergency services.
- Tell the person in the water to float on their back, extend arms & legs & to move hands and feet to stay afloat.
- Use lifesaving equipment such as lifebuoy or throw line if close by.
- **NEVER ENTER THE WATER TO SAVE SOMEONE ELSE or an ANIMAL**

<https://youtu.be/wqGV52UuxiY>

<https://www.youtube.com/watch?v=FIGMdnD0cSs>



During the school holidays, and in particular in hot weather, increasing numbers of children are drowning. On average, there are 50 of these tragedies each year in the U.K.

Keep reading to see our top tips on how to stay safe around open water.



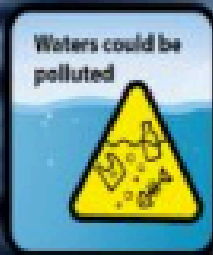
Water is often far deeper than people think. Only swim where there is supervision or a lifeguard. Water that looks calm on the surface may have a fast current underneath.



It's very cold and can quickly cause cramp and breathing difficulties. Cold water shock can paralyse your ability to move and kill within a minute



The depth of water can be deceptive and may contain hidden rubbish and debris such as shopping trolleys or broken glass which can cause injuries and drowning.



Sometimes it can be polluted and make you ill. There is a serious risk of waterborne diseases

**Think!**  
**Stay safe and keep out of open water**

# 10 Top Tips for Parents and Educators

## SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

### 1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

### 2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

### 3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

### 4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

### 5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

### 6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.

### 7 CROSS SAFELY

Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view, instead moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

### 8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

### 9 REVERSING VEHICLES

Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

### 10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

### Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



#WakeUpWednesday

The National College



# School Ready

Please remember:

- Children are not permitted to wear any make up to school.  
Wipes will be provided to remove it.
- Earrings must not be worn
- Hair must be tied back.

Thank you for your cooperation.



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Learning for life with Jesus



# Attendance matters!

## Getting Your Child to School Really Matters



### Did You Know... ?

Each School Year, if Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes	3.3 Days from School	28 Lessons
10 Minutes	7 Days from School	61 Lessons
15 Minutes	10 Days from School	85 Lessons
20 Minutes	14.5 Days from School	122 Lessons
25 Minutes	22 Days from School	183 Lessons

Please Encourage Punctuality to Maintain Attendance



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Right help.  
Right time.  
Right place.



## Newcastle Family Hub Timetable

Spring 2025

**Newcastle Family Hub**  
Cemetery Road  
Knutton  
Newcastle-under-Lyme  
ST5 6DH  
**01782 296100**

**Maryhill Family Hub**  
Gloucester Road  
Kingsgrove  
Stoke-On-Trent  
ST7 4DJ  
**01782 296100**

**FPC = Free Pass Card Accepted up to a value of £5 per participating session**

**TT = Term Time Only**



Sign up to get our latest news.



● Right help.  
● Right time.  
● Right place.

### MONDAY

**Health Visitors Well Baby Clinic**  
**Maryhill Family Hub**  
Health Visitor Clinics to have your baby weighed and to get advice.  
**9:30–11:30**  
**FREE Drop in Session**  
Tel: 0808 178 0611

**Thrive - Infant Feeding Sessions TT**  
**Newcastle Family Hub**  
Once your baby is born, they are ready and programmed to start their feeding journey. Some may need a little help to get off to a good start. Come along to the session where you will receive free professional support.  
**9:30–10:30**  
**FREE Drop-in Session**

**Maryhill Explorers Stay & Play TT**  
**Maryhill Family Hub**  
These sessions are friendly, fun stay & play groups that are free. The groups are open to parents/carers and their children 0-4 yrs in the Newcastle District.  
**9:45–11:00**  
**FREE - Booking required**  
**Booking information**  
<https://bookwhen.com/maryhillexplorers>

**Stay & Play Breakfast Club TT**  
**Newcastle Family Hub**  
Come along to meet the team, have a chat and enjoy some tea and toast while the children play  
Birth to 4 years  
**9.30–11.00**  
**FREE Drop-in Session**  
Tel: 01782 296100



### MONDAY cont.

**Little Treasures—SEND Stay & Play**  
**Newcastle Family Hub**  
These relaxed & friendly sessions offer a safe, accessible space where your child is free to be themselves, led by Volunteer SEN Parent, where you can share with others, be listened to and supported.  
**5-11 years**  
**2:30–4:30**  
**FREE Drop in Session**

### TUESDAY

**Jump Into Parenting**  
**Newcastle Family Hub**

**Messy Play FPC**  
Lots of messy play for your little one to explore. From paint to spaghetti, they can develop their senses through play.  
**Suitable from 3 months to Preschool**  
**9:30–11:00**  
**£7.00 per child, £4.50 sibling**

**Baby Massage FPC**  
A 5 week Baby Massage course helps to reduce colic, constipation & wind, improve sleep patterns, strengthen muscles & increase blood flow.  
**Suitable from birth to beginning to crawl**  
**12:00–1:00**  
**£30.00 per course**  
**Contact for course dates**

**Booking required**  
<https://bookwhen.com/jumpintoparenting>  
Tel: 07341 482 582



### TUESDAY cont.

**Baby Yoga & Music FPC**  
**Newcastle Family Hub**  
A 5 week course combines singing, movement and includes a make & take activity. **Booking required.**  
**Suitable from 8 weeks to crawling**  
**1.30-2.30**  
**£40.00 per course**  
**Contact for course dates**

**WiGiggles—Wiggle it to Music TT FPC**  
**Maryhill Family Hub**  
Action Packed, fun music & movement classes to develop bright little minds and grow confidence whilst stimulating the senses.

**Toddlers:** Confident walkers to 5 years  
**09:30–10:30**  
**Babies:** 12 weeks to confident walkers  
**11:00–12:00**

**Booking required**  
**£6.50 per child, or class pass £27.50 (5 sessions)**  
Tel: Kerry Holland 07729 192 880  
<https://bookwhen.com/wigiggles>



Find us on Facebook for updates and information for Newcastle and Maryhill Family Hub



### TUESDAY cont.

**School Nurse—Community Drop in Sessions TT**  
**Newcastle Family Hub**  
Confidential health advice for children/young people/parents/carers. Home educated or attending an Education setting.  
**5-19 years**  
**1:00–4:00**  
**FREE Drop in Session**



Children and Families Single Point of Access (CaFSPA) - Staffordshire

CaFSPA aims to simplify the way children, young people, their families or carers in Staffordshire seek care, support and guidance, while also streamlining how health and care professionals, alongside others can make a referral. Information provided is triaged to understand the needs of the child, young person, and their families, and the team will make further contact if further information is required to identify a service best placed to offer appropriate support. **CAMHS South Staffordshire, Health Visiting and School Nursing and Stay Well** are the first services to be part of CaFSPA, with further teams set to be included.

• Telephone: 0808 178 0611  
• Email: [CaFSPA@nhs.uk](mailto:CaFSPA@nhs.uk)



### WEDNESDAY

**Everyone Health Clinic**  
**Maryhill Family Hub**  
A **FREE** drop in clinic for Adult Weight Management, NHS Health Checks and Stopping Smoking.  
**9:00–12:00**  
**FREE Drop-in—no booking required**

**WiGiggles - Wiggle It To Music TT FPC**

**Newcastle Family Hub**  
Action packed, fun music & movement classes to develop little bright minds and grow confidence whilst stimulating the senses.

**Toddlers:** Confident walkers to 5 years  
**9:30–10:30** **Booking required**  
**Babies:** 12 weeks to confident walkers  
**11:00–12:00** **Booking Required**

**£6.50 per child**  
**£27.50 - 5 Class Pass**  
Tel: Kerry Holland 07729 192 880  
<https://bookwhen.com/wigiggles>

**WiGiggles Nurture Group TT FPC**

**Newcastle Family Hub**  
A social group offering you & your little one an opportunity to meet new friends in a warm & friendly environment. Different activities each week, including keepsakes, photo shoots, sensory & music sessions. Includes refreshments.  
**Birth to confident walkers**  
**£6.50 per child**  
**12:30–2:00** **Booking required**  
Tel: Kerry Holland 07729 192 880  
<https://bookwhen.com/wigiggles>



### WEDNESDAY cont.

**Peter Pan Stay & Play FPC**  
**Newcastle Family Hub**  
Led by Peter Pan Centre's experienced Family support Worker, these relaxed and friendly sessions are for families with young children aged under 5yrs who may need extra support. **Sessions run bi-weekly contact 01782 296100 for dates.**  
**10:00–12:00** **Booking required**  
**£5 per session**  
To book your place email: [familysupport@thepeterpancentre.co.uk](mailto:familysupport@thepeterpancentre.co.uk)

### THURSDAY

**Health Visitors Well Baby Clinic**  
**Newcastle Family Hub**  
Health Visitor Clinics to have your baby weighed and to get advice.  
**9:30–11:30**  
**Drop in Session**  
Tel: 0808 178 0611

**Stay & Play Breakfast Club TT**  
**Maryhill Family Hub**  
Come along to meet the team, have a chat and enjoy some tea and toast while the children play  
Birth to 4 years  
**9:30–11:00** **FREE**  
**Drop-in Session**  
Tel: 01782 296100

**Pram to Primary Course**  
Would you like to feel more confident in your parenting? Would you like to learn more about your child's behaviours & emotional Development?  
A free 6 week course for parents of 0-11yr olds.  
To book a place, email: [Groupwork@staffordshire.gov.uk](mailto:Groupwork@staffordshire.gov.uk)



### THURSDAY cont.

**Home-Together—Lunch & Play TT**  
**Maryhill Family Hub**  
Join us for stay & play activities for your little ones; including make and take crafts, messy play, and a closing song for all to join in. Our stimulating bonding and early development sessions start off with a **FREE** children's lunch while parents have tea and toast.  
**0 to 4 years**  
**12:00–1:30**  
**FREE—Advance booking**  
**Email** [info@hsnb.org.uk](mailto:info@hsnb.org.uk) or call us at  
**Tel:** 01782 938912.

**Jump into Parenting Sensory Play FPC**  
**Newcastle Family Hub**

**Sensory Toddlers—from active crawling to preschool**  
A follow on class from Sensory-Babies. Different stations each week for your little ones to explore, from colour mats, physical area, fidget boards and much more.  
**9:30–10:30** **Booking required**  
**£5.50 per child, £3.00 sibling**

**Sensory Babies—from birth to active crawling**  
From bubbles to lights, fabric to music, all your baby's senses will be given the opportunity to develop and learn through play with Mums' & Dads'.  
**11.00–12.00** **Booking required**  
**£5.50 per child, £3.00 sibling**

<https://bookwhen.com/jumpintoparenting>  
Tel: 07341 482 582



## THURSDAY Cont.

### Simply Play TT

#### Newcastle Family Hub

Free 10 week course for parents and children. Delivered in a Stay & Play format so you can enjoy quality time with your little one whilst learning about their development. To book a place, email: [Groupwork@staffordshire.gov.uk](mailto:Groupwork@staffordshire.gov.uk)  
1.00- 3.00

## FRIDAY

### Alice Charity Big Cup TT

#### Newcastle Family Hub

Big Cup offers parents the opportunity to meet up with other local families. It offers the chance to discuss common concerns, to talk about the demands of a toddler and offers the space to smile and relax in friendly surroundings.

09:30-11:30  
FREE-Drop-in

Email: [info@alicecharity.org](mailto:info@alicecharity.org)  
Tel: 01782 614 838

### Rhythm Time TT FPC

#### Newcastle Family Hub

It's never too early to introduce your little baby to the wonders of music. Sessions can help with language development, eye tracking/balance, muscle development, bonding and relaxation, hand/eye co-ordination and speech development.

£20.91 per month

Toddlers 10:45-11:15

Babies 11:30-12:00

Booking Required

Tel: Joanne Downes 07947 525 791

<http://www.rhythmtime.net/ld7>



## FRIDAY Cont.

### Simply Play TT

#### Maryhill Family Hub

Free 10 week course for parents and children. Delivered in a Stay & Play format so you can enjoy quality time with your little one whilst learning about their development. To book a place email: [Groupwork@staffordshire.gov.uk](mailto:Groupwork@staffordshire.gov.uk)  
10:00-11:30

### Baby Moon Mum & Baby Yoga

#### FPC

#### Maryhill Family Hub

A gentle flowing weekly class combining postnatal yoga, baby yoga, rhythm, rhyme, story and (baby) sensory experiences to aid your baby's development, your connection and have fun together! You will learn about easing infant ailments, aiding their development, adapting to your postnatal body and easing in to your new role. A chance to meet other new parents.

8 weeks - crawling

1:20 - 2:20

£38 for a 6 week course

Booking Required

Tel: Emma 07825 302 481

<https://bookwhen.com/babymoonyoga>



Family Hub  
Staffordshire



Family Hub  
Staffordshire



Staffordshire  
County Council

## Free Pass Card

- Do you live in Newcastle-under-Lyme?
- Do you have a child/children aged 0-4?

You may be eligible to attend some of our sessions for free!

Free Pass Card Scheme for eligible families to support with the financial barrier of attending sessions.

Contact your local Family Hub or ask the practitioner working with you for more details.

♥ Right help. ● Right time. 📍 Right place.

Find us on Facebook for updates and information for Newcastle and Maryhill Family Hub



## HOUSEHOLD SUPPORT FUND

FINANCIAL WELLBEING WORKSHOPS  
"BUILDING FIRMER FOUNDATIONS"



Funded by  
UK Government

Are you struggling with your personal finances or concerned about the cost of living?

If so, would you like...

- To identify and overcome your barriers?
  - To receive some tips that will help you make your money go further, reduce costs, and leave you feeling more hopeful?
  - To talk about how financial difficulties can impact our wellbeing.
- If so, we are running weekly workshops in your local district.



Staffordshire  
County Council



IF YOU WOULD LIKE TO JOIN US, PLEASE SCAN THE QR CODE, OR FOLLOW THIS LINK WHICH WILL TAKE YOU TO OUR WORKSHOP SIGN UP FORM  
<https://forms.office.com/da6f2170f90d94e4f84nk>

For any additional support please contact - [financialwellbeing@staffordshire.gov.uk](mailto:financialwellbeing@staffordshire.gov.uk)



Community Activities  
Timetable in  
partnership with  
Newcastle Family Hub

### Our Family Hubs

Here at Newcastle and Maryhill Family Hubs, we aim to provide support for families to keep them happy, healthy, and safe providing the right help at the right time in the right place.

We are here to answer any questions that you may have, help you find the right support, as well as provide a range of fantastic services for you to access, all in one hub.

On this timetable, you will see all of the amazing activities that we provide for 0-19 year olds in the local area, as well as information for the local support that is offered.

If you have any questions or ideas, please contact us via our phone number or Facebook page.



Family Hub  
Staffordshire

## Feeding your baby's hungry little mind is easy...

Sign up to get emails packed with activities, support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds.

See the only in sign up and start feeding your baby's hungry little mind!



Hungry Little Minds Staffordshire and Stoke-on-Trent

## Childcare Choices

Keep your childcare support - check your details every 3 months:  
[gov.uk/childcareaccount](http://gov.uk/childcareaccount)



Find out about childcare support at [childcarechoices.gov.uk](http://childcarechoices.gov.uk)



## THINK 2

Funded Early Learning Childcare Sessions

Funded sessions for 2 year olds. Is your child eligible?



SCAN HERE



Bump to Toddler Pathway

A website full of advice and support from conception till your child turns 2 years old!



Sign up to get our latest news.



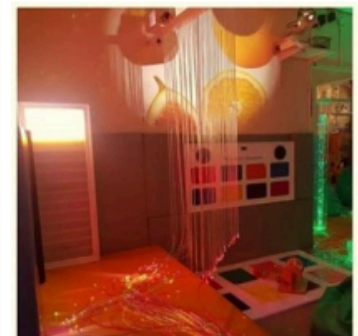
- Right help.
- Right time.
- Right place.



## Newcastle Family Hub Sensory Room

- £5.50 per booking
- Cash only
- 1 Hour Slots
- Up to 8 people—adults & children

Monday to Friday  
Call 01782 296100  
to book





# Article of the fortnight

As mental health awareness week is approaching, our Article of the Fortnight is #24. It highlights how all children have the right to the best possible health, including mental health.

24

HEALTH,  
WATER, FOOD,  
ENVIRONMENT

RIGHTS  
RESPECTING  
SCHOOLS

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unicef   
UNITED KINGDOM



**This week is Mental Health Awareness Week  
and the theme is 'community'**

**We pray for our students, that they may find  
strength and resilience in the face of  
challenges, and that they may feel safe and  
supported in expressing their emotions. We ask  
that you heal those who are struggling with  
mental health issues, and that you provide  
them with the tools they need to recover and  
thrive.**

**Amen**

